

# Knoxville District Dietetic Association Referral Directory

*Nutrition counseling is available at a variety of locations in the Knoxville area. The list below provides the location, services provided, populations served and contact information for each KDDA member providing this service.*

## Fort Sanders Regional Medical Center

Food & Nutrition Department  
1901 W. Clinch Avenue  
Knoxville, TN 37922  
(865)-541-1371

**Services Provided:** individual dietary counseling, group dietary counseling, nutrition related disease counseling, weight management counseling, seminars & workshops

**Populations Served:** adolescents, adults, older adults, pregnant & lactating women

**Contact:** Kim Pryor, MS, RD, CNSD, LDN  
kpryor@covhlth.com

## Pediatric Gastroenterology & Nutritional Support

Suite 230  
2100 Clinch Avenue  
Knoxville, TN 37916  
(865)-522-4116

**Services Provided:** individual dietary counseling, nutrition related disease counseling, food sensitivity counseling

**Populations Served:** pediatrics, children, adolescents, adults

**Contact:** Jennifer Masters, MS, RD, LDN  
j3masters@charter.net

## Pierce Wellness

10036 Northshore Drive  
Knoxville, TN 37922  
(865)-675-3075

**Services Provided:** individual dietary counseling, group dietary counseling, sport nutrition counseling, eating disorder counseling, nutrition related disease counseling, weight management counseling, seminars & workshops

**Populations Served:** all populations

**Contact:** Donna Pierce, PhD, MS, RD, LDN  
DonnaPierce3@aol.com

## Tranquil Eating Associates

111 Westfield Road  
Knoxville, TN 37919  
(865)-466-7002

**Services Provided:** individual dietary counseling, group dietary counseling, sport nutrition counseling, eating disorder counseling, nutrition related disease counseling, weight management counseling, seminars & workshops

**Populations Served:** children, adolescents, adults, pregnant & lactating women

**Contact:** Karen Wetherall, MS, RD, LDN  
kbalnick@utk.edu

## University of Tennessee Medical Center

1924 Alcoa Highway Box 49  
Knoxville, TN 37920  
(865)-305-9127  
[www.utmedicalcenter.org](http://www.utmedicalcenter.org)

**Services Provided:** individual dietary counseling, group dietary counseling, nutrition related disease counseling, weight management counseling, seminars & workshops

Healthy Living Kitchen Cooking Classes offered quarterly for \$20/class includes meal & education materials. For more information contact Healthcare coordination at (865)-305-6970.

Wellness Nutrition Service No MD referral required. Cost \$50/hr, no insurance filed & must pay at time of service. For more information contact Healthcare coordination at (865)-305-6970.

Medical Nutrition Service MD referral required & insurance will be billed. Contact UT Center scheduling (865)-305-8080.

**Populations Served:** adults, older adults

**Contact:** Virginia Turner, MS, RD, LDN  
vturner@utmck.edu



**Knoxville District Dietetic Association**

*Knoxville area's link to nutrition and good health*

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## **Women's Way Weight Management Coaching**

401 Henley Street  
L & N Building, 3<sup>rd</sup> Floor  
Knoxville, TN 37902  
(865)-329-8897  
[www.womenswaywmc.com](http://www.womenswaywmc.com)

**Services Provided:** individual dietary counseling, group dietary counseling, nutrition related disease counseling, weight management counseling, seminars & workshops

**Populations Served:** children, adolescents, adults, pregnant & lactating women

**Contact:** Siri Khalsa-Zemel, MS, RD, LDN  
[siri@womenswaywmc.com](mailto:siri@womenswaywmc.com)



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